



**Training &  
Development**

**Health &  
Wellbeing**

# EMPLOYEE BENEFITS

## Training & Development

Access and support to a range of courses and development programmes to progress and take your career to the next level.

## Financial Wellbeing

Fantastic NHS Pension, Salary Advance, Housing Advice, Discounts on Everyday Purchases, Home, Electronics & Car Salary Sacrifice Schemes

## Health & Wellbeing

Employee Assistance Programme provided by Viv-up for employees physical and mental health providing counselling and lifestyle support.

## Physical Activity

Discounted Gym Membership, Cycle To Work Scheme, Flexible Working Options

## Generous Annual Leave

Plus Public Holidays, Options to Buy and Sell

**Physical  
Activity**

**Lifestyle**

**Financial  
Wellbeing**

We've partnered with **Viv-up** who provide our **Employee Assistance Programme**. Open to all employees, they provide counselling and lifestyle support for physical and mental health. Available 24/7, 365 days a year.

We offer listening and coaching services and our **Chaplaincy team** are here if you need confidential advice and support with bereavements and grief.



**Confidential Helpline**  
**0330 380 0658**

# Health & Wellbeing

Our **Learning, Education and Development** department offer access to a range of fantastic training courses and programmes to support you in your current role and beyond.



# Training & Development

Through our **Academy of Clinical Excellence (ACE)** and working in partnership with local universities, we help clinical healthcare professionals to reach their full potential with tailored skills and knowledge learning programmes.

Available through our partner **Viv-up**, you can take advantage of our cycle to work scheme (up to £3500 worth tax free) and through **Blue Light Card**, access to multiple discounted gym memberships.

# Physical Activity

You can benefit from auto enrolment in our **NHS pension scheme**, offering a generous employer **contribution rate of 23.7%**

Options for early retirement and lump sum payments available

We provide financial support through **Employee Assistance Programme** and this covers:

- Car Lease options including ULEV
- Discounts on Everyday Purchases
- Home and Electronics Salary Sacrifice Schemes
- Financial Help and Salary Advance through Wagestream
- Free Tickets to Sporting Events and Music Gigs

# Financial Wellbeing

Work-Life balance is important. We also offer:

## Competitive Salary

set by Agenda for Change (AfC)

## Generous Annual Leave Allowance

starting at 27 days per annum, plus public holidays. Rising to 29 & 33.

## Flexible Working Arrangements

# Lifestyle



*Care*  
AWARDS

**Introducing our CARE Awards, a fantastic way to celebrate the incredible work of our staff who embody our Trust values**

Our monthly awards highlight the dedication and passion of our colleagues, offering well-deserved recognition and inspiring others to thrive in their roles



# Hampshire.

## There's something for everyone.

Just over an hour outside of the capital, the county of Hampshire is a fantastic place to live and work - it's no wonder it was ranked third most coveted place in the UK to live in a 2021 study\*.

From weekly markets in Lymington to mountain biking through the New Forest, there's no shortage of outdoor adventure here. You can enjoy beach walks along the Solent, take in the history of Portsmouth's Spinnaker Tower and Old Naval Dockyards, or explore the historic city of Winchester. For top-tier restaurants, shopping and nightlife, Southampton and Basingstoke have you covered.

A short ferry ride away, the Isle of Wight stands out with its UNESCO Biosphere Reserve status, offering breath taking landscapes, vibrant Royal history and even the famed Garlic Farm for a taste of something different!